

How to Complete the Online Routine Physical Screening Form

Covenant HealthCare members, you now have the option to enter your Health Engagement Program information directly into the ASR Health Benefits Website! You no longer need to submit a Routine Physical Screening form to ASR. To complete the Online Routine Physical Screening Form, see the instructions below.



Log in:

Navigate: Access the

Form (Figure 3.)

Go to **asrhealthbenefits.com**. Select **MEMBERS** (Figure 1).

Enter your username and password, and then click on the **Login** button. If you have not yet registered on our Website, click on the **SIGN UP FOR A LOG-IN** link and follow the prompts.

online

Screening Form by choosing the HEALTH

ENGAGEMENT menu and selecting **Program**

Tracker (Figure 2). Scroll to the bottom of the Program Tracker and select **Complete**

Routine

Physical

Figure 1





Figure 3

Routine Physical/Screening
Note: Each screening result and date of service below must be completed for you to receive credit. Please select the necessary or if you are pregnant.
Routine Physical Date of Service
mm/dd/yyyy 🗖
Total Cholesterol
I know my total cholesterol
O My physician deemed the tests required to obtain a total cholesterol reading unneccesary for me at this time
O I am pregnant and do not have a value for my total cholesterol
mm/dd/yyyy 🗖
mg/dL Date of Service
HDL
I know my HDL
O My physician deemed the tests required to obtain a HDL reading unneccesary for me at this time
O I am pregnant and do not have a value for my HDL
mm/dd/yyyy
mg/dL Date of Service
Figure 4
Patient Certification: By submitting this form, I hereby certify that the above information is correct and was obtained by a certified provider.

Complete Form R svise Form

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For assistance, please call (800) 968-2449 or e-mail us at healthengagement@asrhealthbenefits.com.

Complete Form:

Enter the screening results from your routine physical in the online form (Figure 4).

Once all the information has been entered, click **Save and Continue**.

Next, review your information and select **Complete Form** (Figure 5).

Confirm Submission:

Confirm form submission when you receive the following message: Please allow up to three business days for ASR to review your submission and to update your program tracker.